

Rev. Debra Jean Hawley bio

<http://ShameShaman.com>

Passionate about restoring the sacred feminine to its rightful position of balance with the sacred masculine, Debra has been referred to by many as a “natural shaman.”



She first became interested in spirits and spiritual healing as a young girl. With family friends who saw ghosts, and a grandfather whose library was filled with esoteric wisdom, otherworldly topics were common place.

“I remember watching the Kathryn Kuhlman television show *I Believe in Miracles* on a regular basis. I was fascinated by her laying-on-of-hands and other forms of spiritual healing. It never occurred to me to question the authenticity of this manner of healing.”

As Debra grew older, her interest in spiritual matters deepened. In her twenties she became a formal student of spiritualism, earning an associate minister certification in a Spiritualist church. In her thirties, her quest for knowledge included Native American shamanic studies before moving eastward to incorporate Hindu and Buddhist philosophies.

By her forties, Debra’s interest returned to the body, including self-care and healing practices such as massage, breath-work, dance, and sound frequencies that support enhanced brain functions. At this time she began to incorporate her wealth of spiritual practices into her life’s primary focus: healing from sexual abuse.

When Debra reached mid-life, she began the work of writing her story. The result is a courageously candid journey titled *Reclaiming Magdalen: A Memoir of Sexual Healing*. During this time she also extended her spiritual roots to include the feminine principle, becoming ordained as a minister/priestess of the Temple of Isis.

“Stepping into the role of feminine warrior, I committed myself to a healing journey that oftentimes threatened to destroy me. Armed with three primary weapons—a pen, compassion, and determination—I engaged with the enemies of my soul.”

Deeply committed to the path of healing and restored personal dominion, Debra encourages others who have known the horror of sexual abuse to step onto the path of healing; into their heart; and into their power.

Debra can be found at <http://ShameShaman.com> as well as via Facebook, Twitter (@ShameShaman), and LinkedIn. Her book *Reclaiming Magdalen: A Memoir of Sexual Healing* is available through online retailers.